

Health Services Guide

NCN Health Urgent Care Centres have recently been experiencing a high demand, resulting in longer wait times for our patients. If your condition is not urgent, please see a GP or refer to the below list for other health care options.

Nurse on Call

Free health care advice from a registered nurse
Open: 24/7
1300 606 024

COVIDSafe Information Hotline

Support for COVID-19 health enquiries. The COVIDSafe information hotline diverts to the national hotline everyday from 8pm - 8am.
Open: 24/7
1800 675 398

Health Direct

Free phone advice service with registered nurses, who can arrange a call back from a GP. The website also offers symptom checker and health information.
Open: Weekdays: from 6pm, Saturdays: from 12 noon, all day Sundays and public holidays
1800 022 222
Www.healthdirect.com.au

Doctors on Demand

Telehealth GP service offering video access to Australian registered doctors at a time and location that suits you.

- \$60 during business hours
- \$90 out of hours

Open: 24/7
doctorsondemand.com.au

National Telemedicine Doctors

Consult a GP by phone or video, bulk billing available for eligible patients.
Services include; general medical consultations, prescriptions, medical certificates, referrals for ultrasound, X-ray, specialists and allied health.

They can also assist with chronic disease management and general health advice.
<https://www.nationaltelemedicinedoctors.com/>

KidsDocOnCall

KidsDocOnCall is an urgent care telehealth service provided by senior children's specialists, active in emergency and acute care across Australia.

They offer families Australia-wide expert medical advice for their children, from the comfort and safety of home. We treat all children from newborns to 17 years of age.
Kidsdoconcall.com.au

Maternal and Child Health Line

This is a 24-hour telephone service staffed by qualified maternal and child health nurses. The telephone line provides over-the-phone information, advice and referral to all families with young children.
Open: 24/7
132 229

Health Services Guide

Cub Care

Phone or video consultation with Australian qualified paediatric emergency doctors. No referral required.

Open: 7 days per week from 4pm.

- \$179 per evening
- \$45 - \$75 if you do have GP referral

1800 312 611

www.cubcare.com.au

Healthengine

Speak with an Australian Qualified GP from anywhere via phone or video.

- Prescriptions & medical certificates \$15
- 8 minute on-demand appointments \$39
- 15 minute scheduled appointments from \$52

Open: 24/7

healthengine.com.au

National Telemedicine Doctors

Consult an Australian Medical Board-certified GP by phone or video.

Prescriptions, medical certificates, referrals, general consults, blood tests, x-rays and more.

Open 7 days

- Monday – Friday, 9am – 9pm,
- Saturday – Sunday, 9am – 1pm

nationaltelemedicinedoctors.com

(02) 8834 7760

My Emergency Doctor

Telemedicine service providing phone or video consultations with Australian-qualified senior emergency specialist doctors.

- Monday – Friday, 8am – 6pm, \$250
- All other times, \$280

Open: 24/7

myemergencydr.com

Primemedic

Doctor consultations, prescriptions, medical certificates, and specialist, radiology and pathology referrals.

- Prescriptions \$19.99
- Telehealth consultations \$29.99

Open: 24/7

primemedic.com.au

Instant Scripts

Online prescriptions, telehealth doctor consultations, online medical certificates and pathology requests.

- Prescriptions \$15
- Telehealth consultations \$40

Open: 24/7

instantscripts.com.au

Lifeline

National helpline providing Australians experiencing a personal crisis with access to 24 hour crisis support and suicide prevention.

Open: 24/7

13 11 14

www.lifeline.org.au



NURSE-ON-CALL



Cub Care

